

**KICK** for  
*Kindness*

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## **FUN - ENTERTAINING -EDUCATIONAL**

Christy shared her concern with NDF about the bullying and safety of kids in school and wanted to become more involved in helping students. We are combining our efforts to promote and educate students about showing kindness in the schools with our Kick for Kindness anti-bullying initiative.

Each student receives the NDF Kick for Kindness bracelet and is encouraged to take the Pledge to *“Support Kindness and Stand against Bullying”*.

All this during an interactive dance program with the students “movin and groovin” through time to all the popular songs and dances.

In one hour students will learn steps that will enhance their self esteem, social skills, coordination and how to take a stand against bullying and show kindness.

To learn more – [www.daretodance.org](http://www.daretodance.org)